

Endoscopic Sinus Surgery

Pre-op Checklist

Here are a few things you can do to prepare for surgery. Your participation is necessary to ensure good results.

1. Eliminate aspirin and aspirin-containing medications two weeks beforehand.
2. Tell your doctor about any medications you're taking, and ask whether you should take any the morning of surgery.
3. Buy a bulb syringe for the salt-water nasal rinses you'll do after surgery.
4. Arrange for a ride home after the procedure.
5. Be prepared to have lab tests 48 hours before surgery
6. Don't drink or eat after midnight, the evening before surgery