

## **Blepharoplasty and Facelift Postoperative Instructions**

### **DISCHARGE INSTRUCTIONS FOLLOWING EYELID AND FACE SURGERY**

1. Maintain the suture areas clean and dry. Use sterile Q-tips and peroxide to clean the wound at least twice a day. Apply Bacitracin Ointment following this. Avoid hydrogen peroxide near the eyes.

2. Avoid any strenuous physical exertion, including rapid walking, climbing the stairs, bending down, and lifting objects.

3. Use stool softeners such as Colace for a period of approximately ten days to two weeks after surgery.

4. Avoid water directly on the wound, and any rubbing or stretching on the skin around the wound. To maintain the hair clean, you may use dry shampoo for hair such as Buff-Buff Shampoo.

5. Do not use excessive aspirin, vitamin tablets, or pills, including contraceptive pills or hormone treatments, for approximately two weeks.

6. If signs of inflammation around the wound should appear, such as redness, pain, or swelling, contact our office. In case of fever, chills, weakness, or fainting spells, or any other unusual developments, please inform us at (601) 984-5160.

7. It is common to have swelling and black and blue marks which last approximately two to three weeks. The swelling from surgery may take several weeks to subside, and it is common to have irregularities at the site of drains, etc., following surgery.

8. Your medications are as follows: Antibiotics, pain medications.

9. Do not indulge in activities that demand your attention, such as driving a car, for at least six to eight hours following the ingestion of pain medications that include narcotics.