

## LAUP Preoperative Instructions

### LASER ASSISTED UVULO-PALATOPLASTY (LAUP) PRE-OPERATIVE PATIENT INFORMATION AND INSTRUCTIONS

YOU ARE SCHEDULED TO UNDERGO YOUR FIRST LAUP SESSION

ON: \_\_\_\_\_

AT: \_\_\_\_\_

#### \*\*\*\*\*PRE-OPERATIVE INSTRUCTIONS\*\*\*\*\*

1. Nothing to eat or drink for three hours prior to the procedure (Medications should be taken with a small sip of water).
2. NO BLOOD THINNERS OF ANY KIND (ie: Coumadin). NO Aspirin, Motrin or any arthritis medication for, 10 days prior to or after, the laser procedure; You may take Tylenol.
3. Notify you physician if you have had heart surgery or have mitral valve prolapse. An antibiotic will be given to you to take one hour before the procedure, if you have one of these conditions.
4. It is advisable, but not mandatory, to have someone accompany you during your first session.