

## Facelift Postoperative Instructions

### **DURING THE FIRST TWO DAYS:**

Keep the head of the bed elevated approximately 30°.

Sleep on your back and keep your head straight while in bed. It is important that you do not roll on your side.

Clean your incision lines 3 times a day with peroxide and apply bacitracin or neomycin ointment. Do not put peroxide or ointment in your eyes if had blepharoplasty.

On the second day after surgery, stand in the shower for approximately 15 minutes and let the warm water run through your hair. If you had lid surgery done, do not be afraid to wet the lids while you shower. Do, however, refrain from letting the force of the shower beat directly on the suture lines. You may repeat the showers 2 to 3 times daily.

### **AFTER THE THIRD DAY:**

From the third day after surgery, you are advised to use baby shampoo and wash your hair. Continue this daily until all staples are removed.

Call 969-1910 if you need to discuss any aspects of your case.